The Brain Injury Association of Oregon
A Chartered State Affiliate of the Brain Injury Association of America, Inc.

Presents:

The 2nd Annual Pacific Northwest Brain Injury Conference 2004

Sleep, Mood, and Behavioral Disorders after Brain Injury

Opening with a Traditional Tribal Ceremony
Performed by

Ramona Ahto

Keynote Speakers:

Friday: Lieutenant Betty Hastings, MSW, federal coordinator for the Emergency Medical Services for Children (EMSC) Program with the Indian Health Service (HIS), former Director, Traumatic Brain Injury Program, the Maternal and Child Health Bureau of the Health Resources and Services Administration

Saturday: Manfred Tatzmann, Michigan State TBI Grant Director, creator of “How to navigate the system and design your own survivors guide “

Two Day Indigenous Peoples Planning and Training Session
Alta Bruce and Lt Betty Hastings and will conduct a two day session that will include discussion on how to identify and implement change in behaviors, where to go for funding, and grant writing techniques to secure resources for implementing changes.
Dear Conference Participants:

On behalf of the Oregon Brain Injury Association and the Conference Planning Committee, I am pleased to welcome you to the 2nd Annual Pacific Northwest Brain Injury Conference.

This conference continues the journey we began last year: uniting as a region to share knowledge and skills in the area of Brain Injury to increase awareness and prevention. We will be joined by physicians, health care professionals, health agencies, business and education communities, Brain Injury Association members, survivors and family members, advocates from 14 states and leading health stakeholders at our second Pacific Northwest conference.

The Planning Committee has assembled an excellent program featuring keynote presentations, concurrent sessions, networking opportunities, that will promote partnerships and new relationships among professionals and survivors in the brain injury community. I want to thank all of our outstanding speakers for donating their time and sharing their knowledge with us.

Planning and executing a two day program is a long and complex job. It takes many people, working long hours to host a successful conference. Please join me in thanking the committee members for their outstanding work:

Stephen Wright, BIA Oregon President and Michelle Featherston, BIA Idaho President
Wayne Eklund, OR, Program Chair Curtis Brown, OR Dr. Danielle Erb, OR
Jane Laciste, CA Sharon Maynard, OR Dr. Janet Mott, WA
Bill Olson, OR

Working on the Indigenous Peoples Workshop: Alta M. Bruce, ND, Marlene Davis, WA, and Lieutenant Betty Hastings, DC

We also wish to thank our sponsors for making this possible:
Kampfe Management Services, Inc Oregon Advocacy Center Progressive Rehabilitation Associates
Swanson, Thomas & Coon Virginia Mason Medical Center

Exhibitors:
Bart Stevens Medtronics Centre for Neuro Skills Gentiva Rehab Without Walls
Independent Living Resources Title VII Indian Education NeuroNet LLC
Shelter Care Store to Door Wells Fargo Woodcock-Muñoz Foundation

Advertisers:
Wayne Eklund, RN CNLCP Community Rehabilitation Services of Oregon
Crossroads Medical Consulting KestenMedia

And a very special thank you to you for attending. Without you, this would not have been possible.

Enjoy!

Sherry Stock, Conference Director
The 2nd Annual Pacific Northwest Brain Injury Conference 2004

Sleep, Mood, and Behavioral Disorders after Brain Injury

Friday, October 1, 2004

7:00 a.m. - 7:45 a.m.
Mt. Hood Foyer
Registration and Check-in
Continental Breakfast

8:00 a.m. - 9:00 a.m.
Mt. Hood Ballroom
Welcome to BIA Conference 2004
Stephen Wright, President, Brain Injury Association of Oregon
Traditional Tribal Ceremony Performed by Ramona Ahto
Ramona Ahto, is an elder of the 14 Confederated Tribes of the Yakama Nation. She works as a youth
drug and alcohol counselor at the United Indians of All Tribes Foundation. She has led many training
sessions for health care professionals related to healing rituals as well as the cultural traditions of her
people.

Keynote Speaker – Lieutenant Betty Hastings, MSW, coordinator for the federal Emergency Medical Services for
Children (EMSC) Program, for the Indian Health Service (IHS). Betty is the former Director, TBI Program, Maternal
and Child Health Bureau, Health Resources and Services Administration.
Overview and discussion on The Native American TBI Summit Document.

9:00 a.m. - 9:15 a.m.
Mt. Hood Foyer
Break

9:15 a.m. - 10:30 a.m.
Track 1: Mt Hood A
Mark S. Yerby, M.D. MPH, Director, North Pacific Epilepsy Research and the Providence St. Vincent’s
Epilepsy Program, Portland, OR
Treating Epilepsy

Track 2: Mt Hood C
Alia M. Bruce, BA Injury Prevention Specialist, Indian Health Service, Chairperson, Indigenous Brain Injury
Association; Marlene Davis, tribal member of the Gros Ventre, Assinibone, Arapaho, and Nez Perce tribes, Governor’s
Committee On Disability Issues And Employment, Olympia, WA; Lieutenant Betty Hastings, MSW, coordinator
for the federal Emergency Medical Services for Children (EMSC) Program, for the Indian Health Service (IHS). Betty
is the former Director, TBI Program, Maternal and Child Health Bureau, Health Resources and Services
Administration.
Two Day Indigenous Peoples Planning and Training Session that will include discussion on how to
identify and implement change in behaviors, where to go for funding, and grant writing techniques to
secure resources for implementing changes.

Track 3: Cascade A & B
David Clemmons, PhD, Senior Scientist and Psychologist, Director, Vocational Services, University of Washington,
Regional Epilepsy Center, Department of Neurology, School of Medicine at the University of Washington, Seattle, WA.
Job Issues and the Latest techniques on job training
10:30 a.m. - 10:45 a.m.
Mt. Hood Foyer
Break

10:45 a.m. - 12:00 p.m.
Track 1: Mt Hood A
Dr. Tom Boyd, PhD, Neuropsychologist, Oregon Rehabilitation Center
Emerging role of the Frontostriatal Systems in Brain Injury -- Systems that include the frontal lobe-involved in depression, loss of will, and more emotional roles.

Track 2: Mt Hood C
Alia M. Bruce, BA Injury Prevention Specialist, Indian Health Service, Chairperson, Indigenous Brain Injury Association; Marlene Davis, tribal member of the Gros Ventre, Assinibone, Arapaho, and Nez Perce tribes, Governor’s Committee On Disability Issues And Employment, Olympia, WA; Lieutenant Betty Hastings, MSW, coordinator for the federal Emergency Medical Services for Children (EMSC) Program, for the Indian Health Service (IHS). Betty is the former Director, TBI Program, Maternal and Child Health Bureau, Health Resources and Services Administration.

Two Day Indigenous Peoples Planning and Training Session that will include discussion on how to identify and implement change in behaviors, where to go for funding, and grant writing techniques to secure resources for implementing changes.

Track 3: Cascade A & B
Tricia Feeley, M.O.T., O.T.R./L., the Virginia Mason Seattle Main Clinic, Seattle, WA.
Improving the Learning Process for Student following a TBI: A review of the federal guidelines that are in place to aid professionals in the education process. It will present a variety of compensatory systems strategies and aids to improve learning in individuals who have sustained a BI.

12:00 p.m. - 1:30 p.m.
Harold’s Lounge
Lunch

1:30 p.m. - 2:30 p.m.
Track 1: Mt Hood A
William H. Wilson, M.D., Professor of Psychiatry, Interim Director, Inpatient Psychiatry, OHSU
Medications being used in treating BI – behavior problems.

Track 2: Mt Hood C
Dr. Kathleen R. Bell, M.D., Project Director, Traumatic Brain Injury Model System (TBIMS) Associate Professor Rehabilitation Physician Medical Director, Rehabilitation Medicine Ambulatory Care Medical Director, and Brain Injury Rehabilitation at the University of Washington; Janet Powell, Ph.D., OTR/L, Project Investigator and Data Quality Director, Assistant Professor, Occupational Therapist, University of Washington
Latest from WA Model Systems; current research relevant to restoration of brain function, especially cognitive function or memory: Effect of Exercise on Mood and Quality of Life, TBI and Depression, Brain Injury and Memory.
Track 3: Cascade A & B
Certification course for CBIS Level I short course and proctored examination – Kristi Schaeffer

2:30 p.m. - 2:45 p.m.
Mt. Hood Foyer
Break

2:45 p.m. - 3:45 p.m.
Track 1: Mt Hood A

Dr. Ted Becker, PhD, RPT, CET, CEAS, CDE, CDA, DACFE, DABDA, Human Performance Specialist, Everett Pacific Industrial Rehabilitation a Human Performance Specialist, Everett Pacific Industrial Rehabilitation
Points to be covered: Fundamentals of work physiology; Abnormal response in work physiology; Time, Sensitive testing for human performance; Motor skill responses to fatigue; Man-made interface – work performance evaluation; Case Study Review

Track 2: Mt Hood C
Chris Persel, MA, Director of Behavioral Programming at the Centre for Neuro Skills in Bakersfield, CA, Certified Instructor In Professional Assault Response Training
Behavioral issues and ways of dealing with them

Track 3: Cascade A & B
Certification course for CBIS Level I short course and proctored examination (continued) – Kristi Schaeffer

3:45 p.m. - 4:00 p.m.
Mt. Hood Foyer
Break

4:00 p.m. - 5:00 p.m.
Track 1: Mt Hood A

Dr. Ted Becker, PhD, RPT, CET, CEAS, CDE, CDA, DACFE, DABDA, Human Performance Specialist, Everett Pacific Industrial Rehabilitation a Human Performance Specialist, Everett Pacific Industrial Rehabilitation (Continued)

Oregon Advocacy Center is an independent non-profit organization which provides legal advocacy services for people with disabilities anywhere in Oregon. OAC is designated under federal law as the protection and advocacy system for Oregon, but it is not a part of the state or federal government. OAC has attorneys and advocates who assist people with disabilities.

OAC:

- Offers free legal assistance and other advocacy services;
- Gives advice and information about the rights of people with disabilities;
- Can investigate complaints of abuse and neglect in care facilities and programs;
- Can assist persons with disabilities in advocating for treatment, support or educational services;
- Is involved in state and local policy advocacy through participation in rule making, system planning, legislation and policy development that affect the rights of people with disabilities.

Oregon Advocacy Center, 620 S.W. Fifth Avenue, 5th Floor Portland, Oregon 97204-1428 503-243-2081 (Phone) 503-323-9161 (TTY) 1-800-452-1694 (Phone) 1-800-556-5351 (TTY); http://www.oradvocacy.org/
Catastrophic Injuries require prompt investigation and pursuit of liability claims. Workers’ Compensation, Social Security, and disability insurance or ERISA may provide important benefits.

Our firm coordinates all of these areas for our clients while developing potential liability claims in every case; results include a number of Oregon’s largest jury verdicts over the last 20 years.

Jim Coon and Doug Swanson are both long time former Board members of the BIAOR and the Brain Injury Support Group of Portland. See our website for individual case profiles at www.stc-law.com.

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Doug Swanson  Ray Thomas  James Coon
Megan Glor  Margaret Weddell  Sharon Maynard
Cynthia Newton  Ann Boylan

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Swanson Thomas & Coon
621 SW Morrison, Suite 900 • Portland, Oregon 97205
(503) 228-5222 • 1 (877) 228-5220
Since 1981
9:30 a.m. - 10:00 a.m.
Mt. Hood Foyer
Break
10:00 a.m. - 11:30 a.m.

Track 1: Mt Hood A
Patricia Moore ARNP, APRN, BC, PA-C, Instructor, Department of Psychiatry, Geriatric Psychiatry Division, Oregon Health and Sciences University GH-249; Vancouver Geriatric Psychiatry, PC, Geriatric and Midlife Psychiatry, Vancouver, WA

Brain Injured Elderly: a review behavioral concerns, treatment considerations, use of atypical antipsychotics, documentation and present case presentations. The session will include time for questions and answers.

Track 2: Mt Hood C
Alta M. Bruce, BA Injury Prevention Specialist, Indian Health Service, Chairperson, Indigenous Brain Injury Association; Marlene Davis, tribal member of the Gros Ventre, Assinibone, Arapaho, and Nez Perce tribes Governor’s Committee On Disability Issues And Employment, Olympia, WA; Lieutenant Betty Hastings, MSW, coordinator for the federal Emergency Medical Services for Children (EMSC) Program, for the Indian Health Service (IHS). Betty is the former Director, TBI Program, Maternal and Child Health Bureau, Health Resources and Services Administration.

Second day of Two Day Indigenous Peoples Planning and Training Session that will include discussion on how to identify and implement change in behaviors, where to go for funding, and grant writing techniques to secure resources for implementing changes.

Track 3: Cascade A & B
Bart Stevens, ChLAP, AzCLDP

Special Needs Planning for Persons with a Brain Injury
11:30 a.m. - 1:00 p.m.
Mt. Hood Ballroom
Lunch

1:00 p.m. - 2:30 p.m.

Track 1: Mt Hood A

Pennie S. Seibert, Ph.D., Chair of Psychology Department, Director of Applied Psychological Science Research Institute, Director of Research, Idaho Neurological Institute at Saint Alphonsus Regional Medical Center

Undiagnosed Sleep Disorders Undermine TBI Recovery

Track 2: Mt Hood C

Show me the money.
Part 1: Sharon Maynard, JD, Swanson, Thomas & Coon
The Social Security Administration application process. Applying for disability benefits from Social Security can be intimidating and confusing. Learn the process, how Social Security evaluates your claim, and what you can do to increase the chances of your application being granted.

Part 2: Douglas A. Swanson, JD, Partner, Swanson, Thomas & Coon, Portland, OR
How to navigate the worker’s compensation system

Track 3: Cascade A & B

Laurie Ehlhardt, Ph.D., CCC-SLP, Project Manager, Think and Link, Communication Disorders and Sciences, University of Oregon

A review the literature and proposed evidence based practice guidelines for implementing external memory aids. Particular attention will be given to reviewing instructional methods effective for teaching the use of external aids or compensatory devices when the learner has moderate to severe impairments in memory and executive functions. Adapted email and navigational tools for this population will be used to illustrate the instructional principles. Participants will be provided with an opportunity to apply principles reviewed in the session using a sample case.

2:30 p.m. - 3:00 p.m.
Mt. Hood Foyer
Break

3:00 p.m. - 4:30 p.m.

Track 1: Mt Hood A

Part 1: Alfred Lewy, M.D., Ph.D., Director, Sleep and Mood Disorders Laboratory; Richard H. Phillips Professor of Biological Psychiatry; Professor of Psychiatry, Ophthalmology, and Physiology/Pharmacology; Senior Vice Chairman, Department of Psychiatry, Oregon Health Sciences University.
Using Light & Melatonin to Treat Body Clock Disorders: Brain Injuries can sometimes exacerbate body clock disorders of two types, phase-advanced and phase-delayed, that can be treated with appropriately time bright light exposure and/or melatonin administration.

Part 2: Lloyd Cripe, Ph.D., clinical neuropsychologist Sequin, Washington
Mood, Sleep and behavioral issues and the latest treatments

Track 2: Mt Hood C

Bob Joondeph, J.D., Executive Director, Oregon Advocacy Center, (OAC)
Round table – Protection & Advocacy Services: Adding Brain Injury to the Mix - Where do we go from here?

Track 3: Cascade A & B

Manfred Tatzmann, Michigan State TBI Grant Director
Partnerships: TBI Services Can’t Succeed without them!
How Education and Training materials can help to further TBI systems change - one State’s experiences: Assessment of educational needs and products developed.